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ABSTRACT

Tobacco use poses a significant threat to young people. Ways in which to warn children between the ages of 8 and 13 about the dangers of smoking cigarettes is presented in this book. It is a health education text containing precise information presented in a simple way, through the use of fictional characters who are vividly portrayed through pictures and straightforward dialogue. It discourages the child from starting to smoke by pointing out the dangers of such action, but its main purpose is to enable children to avoid any kind of addiction. The text uses a fictional character, a young Arab student, who begins smoking cigarettes. The story follows him as his behavior leads him into dire circumstances and as he wrestles with tough decisions and difficult situations. Explicit information on how the chemicals in tobacco affects the brain, the danger of nicotine, the consequences of tobacco use, and other issues surrounding addiction are discussed. Family and peer influences are explored and positive ways in which children can focus their energies are presented. The text features vibrant pictures which emphasize the sensations and dangers of tobacco use. All text, including title and prefatory material, is provided in three languages: Arabic, French, and English. (RJM)

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